

Get in S.T.E.P. Safety Takes Every Person

SAFE -- Staying Accident-Free Everywhere

Thanksgiving Safety Tips

Thanksgiving is around the corner which means travel, crowds, eating, family, and more eating. What needs to go with all the festivities is how to get through the holiday safely.

First you have to get to your destination, which means travel. Thanksgiving is the busiest travel period of the year. The ratio of drivers to fliers continues to increase but airports will still be teeming with travelers. The Department of Homeland Security (DHS) and the Centers for Disease Control and Prevention (CDC) suggest these tips to prevent the spread of the H1N1 flu. They suggest staying home if you have the flu or flu-like symptoms, get the flu shots, cover your mouth if you cough or sneeze, and wash your hands regularly.

Once you arrive at the airport, to speed things up in the security line the Transportation Security Administration (TSA) suggests you make sure your ID and boarding pass are ready before you get in line, wear easily removable shoes and jackets, take out liquids and laptops, and use TSA Family Lanes if you or your family need extra time.

"Following these simple travel tips will help expedite the screening process at airports and keep travelers healthy and safe throughout the holiday travel season," said DHS Secretary Janet Napolitano.

Thanksgiving and turkey go hand in hand but proper handling of the bird is important for the safety of your family. According to the New Hackensack Fire Department, to avoid the growth of bacteria, never thaw a turkey at room temperature instead thaw it in the refrigerator in its own unopened wrapper on a tray with the breast facing up. It should take about one day of refrigerator thawing for every four pounds of turkey, so you better start soon.

Thanksgiving is the leading day for cooking fires, according to the National Fire Protection Association (NFPA). In 2007, firefighters responded to roughly 1,300 home fire involving cooking, three times the daily average, according to the NFPA.

"Incorporating fire safety into your holiday preparations can mean the difference between putting on a fantastic holiday feast for family and friends or having to call the fire department to put out a fire": said NFPA's Vice President of Communications Lorraine Carli.

When cooking, keep young children away from the kitchen, do not wear loose sleeves or dangling jewelry to avoid spills and burns. Cook on back burners when possible and turn pot handles in to prevent accidental spills. Never leave cooking unattended and keep clutter away from sources of direct heat. If decorating with candles, never leave them burning in an unattended room.

For more helpful travel tips visit www.tsa.gov. For more information on cooking safety and tips visit www.nfpa.org.

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Voluntary Protection Programs (VPP)

4 Major Elements

1. Management Commitment and Employee Involvement
2. Worksite Analysis
3. Hazard Prevention and Control
4. Safety and Health Training



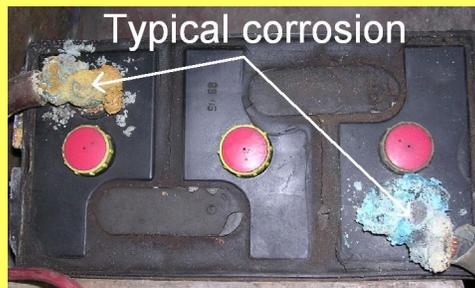
Have any questions, comments, or suggestion, call me TODAY. No comment or suggestion to small.

575-678-2756

9 ways to get your car ready for winter

1. **Get the right kind of oil change.** Oil tends to thicken as it gets colder, and if it's too thick it won't do the best job of keeping your engine lubricated. Check your owner's manual for guidance about which oil to use in different climates and temperatures.
2. **Make sure you can see.** When's the last time you replaced your windshield wiper blades? They usually work effectively for about one year, so be sure to invest in some new ones if you're due.
3. **Give your battery a little TLC.** This is an ideal time of year to make sure your battery's posts and connections are corrosion-free and that your battery has all the water it needs.
4. **Examine your belts and hoses.** When you have that full service done on your vehicle, make sure the belts and hoses get checked for wear and tear — even if you're driving a modern car. Cold weather can do a number on belts and hoses, so they deserve attention.
5. **Check your tire pressure.** Your tires must be properly inflated to ensure you'll have the best possible traction as you drive along — and traction is often severely jeopardized in wet, snowy or icy conditions.
6. **Do you have four-wheel drive?** If so, it's important to check the status of your four-wheel-drive system and be sure it's working correctly — especially because most drivers don't use their 4WD systems in the pleasant summer months.
7. **Get the antifreeze mixture just right.** Aim for having a 50-50 mix of antifreeze (coolant) and water inside your radiator. This will prevent the mixture from freezing even at ridiculously cold temperatures.
8. **Prepare an emergency kit.** Store this stuff in your trunk during the winter months, especially if a road trip is in your future:

- a blanket
- extra boots and gloves
- an extra set of warm clothes
- extra water and food, including hard candies
- an ice scraper
- a small shovel
- a flashlight
- windshield washer fluid
- windshield wipers
- flares
- jumper cables
- a tool kit
- tire chains
- a tire gauge
- a spare tire with air in it
- tire-changing equipment
- a first-aid kit
- paper towels
- a bag of abrasive material such as sand, salt or non-clumping kitty litter, which can provide additional traction if a tire gets stuck in snow.



Also, keep the gas tank as full as you can to prevent the gas lines from freezing.

9. **Know what to do if you get stranded.** Don't wander away from your car unless you're completely sure about where you are and how far away help is. Light two flares and situate them at each end of your vehicle to call attention to your plight.



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V.P.P.
 Education Program



November 14th - 18th

WSMR RECYCLES WEEK



There will be **5 BLUE** Recycling Containers. Their locations will be:

- ★ Corner Martin Luther King and Dyer
- ★ Corner of Dyer and Aberdeen (Parking lot across from the Fire Department)
- ★ Corner of Headquarters and Rock Island (Re-sale Lot)
- ★ Corner of Headquarters and Watertown
- ★ Building 1870 on Aberdeen



WHAT CAN I RECYCLE?
Paper - Newspaper, Magazines, Office Paper, Phone books, Cardboard, paperboard, catalogs, paper bags and Individual bags of shredded paper.
Plastic - clean plastic containers, including juice and water bottles.
Metal - Aluminum and tin/steel cans

Join us in celebrating America Recycles Day with WSMR Recycles Day with these big blue recycling containers that will be out for the week.



Organized by the DPW Environmental Division. Questions? Call 575 678 3802



575-678-2111